St Mary's Convent Primary School

Bunscoil Clochar Mhuire

Trim, Co. Meath.

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Awarded Green Flag
June '05/'07/11/13

14th January, 2019

Imlitir 16

Every Day Counts at St Mary's Convent Primary School
7th – 11th January, 2019

Room	Attendance	Room	Attendance	Room	Attendance	Room	Attendance
01	95.6%	08	88.6%	16	95.2%	26	93.8%
02	94.8%	09	94.6%	17	94%	27	83.8%
03	94.8%	10	95.2%	18	91.4%	30	97%
04	95.6%	12	85.6%	19	96.1%	31	96%
05	90.3%	13	93%	20	93.5%		
06	91.7%	14	98.2%	23 & 24	90%		
07	95%	15	98.1%				

Please note that notification in writing, with the reason for all absences, to the teacher is required. A letter or note in the homework journal will suffice

A chairde,

Our Annual **Open Day** will be **this Thursday** January 17th 11:00 - 12:30. All prospective and existing parents/ guardians are welcome to visit and see our school in action. Just come to the Dr Reilly Hall @ 11:00 am.

Our Junior Infant Parent Teacher Meetings take place on February 19th and 20th. Appointments, this year will be online, and will be opened this week.

Old school desks for sale @ €45. Contact Helen or Rebecca in the office.

You are all aware that we walk to school on Wednesdays (WOW!) and that when the weather improves we will restart cycling (COW!) to school. These schemes promote our green agenda and also help with children's fitness. Our thanks to Mrs Nally, Ms Patricia Mc Donnell and Ms Rhona Fay for escorting the children from Mornington House @ 9.00 a.m. on Wednesdays and to Ms Finn for doing so from The Matchbox.

Head Lice: Parents/guardians are asked to be vigilant and to check your children's hair regularly. It is best that long hair be tied up in school, especially if there has been an incidence in your child's class. Please note the following advice:
https://www.lyclear.ie/head-lice-tips-facts/what-are-head-lice/

Please read our Green News and Community Notices that follow.

Health Promoting Schools

We are very proud to announce that our school has been awarded the Health Promoting Schools Flag. Our Health and Wellbeing coordinator Carmel Halpin said that "outstanding health and wellbeing work was embraced by our school over the last 2 years". As the Healthy Schools flag is a whole school community initiative, the cooperation and support of parents was crucial to achieving this award. Thank you.
We will be celebrating this great achievement and raising our new flag on Feb.1st.

This week the children will be receiving their Super Trooper homework activity journals. Super Troopers is a programme supported by Layla Healthcare which encourages children and their families to live happier and more active lifestyles. Through short burst, fun daily activities around physical activity, wellbeing and nutrition, this programme helps to promote healthy minds and bodies. www.supertrooper.ie

We have also purchased lots of wellbeing children's books that can be borrowed from the library. These books cover the themes of gratitude, empathy, happiness, resilience, growth mindset, friendship, family, equality, self-esteem and more. They will be linked also with our SPHE curriculum.

Sinéad Minogue
HPS coordinator

D.T
Scratch lessons have begun!! Please note that students will be coming home and asking that you download the software. Please give this serious consideration as they can then practise what they are learning and they could teach you a thing of two about animation! Scratch is a free piece of software, which if you go into Google and do a search, you can download with ease. Just follow the instructions as you go along. Please encourage your child/ren to tell you all about what they have learnt each week.

Ms Debby

Registration Forms for children starting school in September 2019 are still available from Helen, in the office. Please note that the date for return of forms (submission date) is Friday 25th January. The first round of place offers will be posted on Friday 1st February.

Mise le meas,

Cóilín Ó Coigligh, Príomh Oide.

Community News | **Green News**

Nathanna na Seachtaine: Cén t-am é? Tá sé a .....
Seanfhocal na Míosa: Giorraíonn beirt bóthar

Dates to Remember

Assembly:	**Friday 9.20 Green Flag**
Meitheal:	Tuesday 9.30-10.30.
Banna:	Tuesdays 3.00-4.00pm**. Restarting Tuesday 15th Jan**
Choir:	**Not on this Friday**
6th Class Confirmation:	Sat 9th February 2019
First Communion:	Sat 18th May 2019

St Mary's Parents' Association

Dates for Your Diary:

January 17th: Open day for prospective parents/guardians 11.00 – 12.30. Light refreshments will be provided by the Parents Association. Any parents/guardians who are available to help out on the day please contact the PA through the Facebook page or contact Helen/Rebecca in the office. All help greatly appreciated.

https://www.facebook.com/stmarysparentsassoc/

Caroline Smith
Secretary

Green News

Happy New Year to you all. Let's hope 2019 will be a good green year and that we will make a difference to our world by our good green habits!
Before the holidays we had our Siopa Glas. Thank you to all for contributing items for the sale and sending in money with your children with which to purchase recycled items. The Siopa Glas generated much needed funds for the special school in Zambia, Flamboyant Special Needs School. The total raised was €595.00 Sr Andrea recently arrived in Ireland and has promised to visit St Mary's to personally thank the children for their generosity in helping children less fortunate than they are. Sr Andrea will explain how your contributions help the Special Needs School in Zambia. Sincere thanks again to you all.

Our Green Flag theme this year is Global Citizenship….Energy. We are very aware of the energy we are using in the school. We are monitoring the amount we use and trying to curb the use and abuse of energy in St Mary's. We trust that you are working with us on the home front also. The weather is heading for a colder spell and we need to wrap up warmly and conserve our heat keeping doors external and internal doors closed.

Recycling continues at St Mary's. We accept batteries, postage stamps, cardboard, toilet rolls, small plastic bottles, mobile phones, Christmas Cards and old candles. Thank you for keeping this initiative going.

WOW will continue despite the cold spell expected. Meet at the Matchbox at 9 am. or at the carpark opposite Mornington House at 9:05am. It is a nice way to start the day and grab some fresh air before settling down to work in school. Wear hi-viz vests for extra safety.

Remember Green is cool, at home and at school and all around the globe

Community Notices

Art club starts again this Thursday. 5 weeks @ €25. 3.00 – 4.00pm First Class and up.

Homework Club in St Mary's for children from 1st – 6th. Classes run on Mon, Tuesday & Thursdays 3.00 – 4.00pm. Cost is €5 per day. Application Forms are available from the office or Ms Conaty Room 11.

PLAY CAFE & AFTER SCHOOL CLUB

Opening in the New Year!! Just around the corner from St. Mary's, beside Apache Pizza, in the old Corner Shop!

Play Cafe 9.30am-1pm
€5 for 2hrs play in the Cafe & €7 including a lovely coffee/tea.

After School Club (must complete application form and pre book and pay the week prior)
2-3pm or 3-4pm €6 per day ...or €25 a week
2-5pm €12 per day or €55 a week
3-5pm €9 per day or €40 a week
€7.50 for a random hour if space is available
Application forms available from Julie in room 6 or 7 and 50% deposit needed by Friday 12.30pm to secure your space in January, as limited spaces available.

Any questions, please call, text, email or message for more details or to book in. 2-3pm is almost at capacity Mon-Fri.

Contact Julie 0868505310 or on Facebook www.facebook.com/jigglenjump

Relax Kids classes brought to you by Primary School Teacher and Relax Kids Coach, Lisa Casey.

Relax Kids classes involve seven steps – movement, games, stretching, massage, breathing exercises, affirmations and visualisation.
Relax Kids aims to improve confidence, help manage anxiety and emotions, develop creativity and imagination, teach relaxation techniques and improve overall physical and mental health.
The theme for this block of classes is **'Confidence Bootcamp'**. This class will help improve children's confidence and manage emotions in a fun, safe environment.

Location – Breathe Yoga and Pilates Studio, Patrick Street, Trim, Co. Meath
Age Group – Junior Infants to 2nd Class
Starting Date – Wednesday the 16th of January
Time – 3:30 – 4:30/ 4:45 – 5:45
Cost - €70 per child for six week block
Places are limited and **booking is essential.**
If you have any queries or would like to book please contact Lisa on relaxkidslisa0@gmail.com or www.facebook.com/relaxkidslisameath

Breathe yoga & pilates has classes every weekday at 10am ....get 2019 off to a great start and book now! See www.breatheyogapilates.ie for timetable and booking.

ZUMBA KIDS :- **Thursday 2.15pm - 3pm** St Patrick's Hall (Under Snooker Club) €25 for 5 weeks
Contact : Lorraine 086 8693546 to book a place

ZUMBA FITNESS : Monday & Wednesday 8pm Trim GAA, €8 per class, no booking required, suitable for all fitness levels Contact : Lorraine 086 8693546

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Department of Communications, Climate Action & Environment